



## **NYO Athlete Code of Conduct**

All youth participating in CRNA's Youth Programs are expected to act in a manner according to this Code of Conduct. The following qualities will be exhibited by all youth when participating in activities sponsored by CRNA Youth Programs:

- Drug, alcohol and tobacco free.
- Respectful of self, each other, and adults.
- Appropriate in our appearance, language, and actions.
- Open-minded and willing to participate.

### **Sportsmanship**

NYO is meant to develop an individual's skills and abilities that allow them to be their best self. Athletes should keep this in mind and are expected to display self-control and maintain encouraging and sportsman-like attitudes when interacting with their teammates, coaches, opponents, officials, and spectators. In addition, it is understood that any harassment, racial or ethnic slurs said at any time, is unacceptable and will be dealt with accordingly.

### **Cooperation with Coaches**

The goal of each NYO Coach is to maintain safety of all athletes and to challenge each athlete to develop their skills and abilities to reach their full potential. In order to do this, athletes must have an attitude of cooperation with their coaches. Athletes who do not feel comfortable or capable of a certain coaching instruction, should discuss their concerns with the supervising coach.

### **Attendance**

**Practice is held on Tuesdays & Thursdays from 3:10 – 4:30 pm at the Murdock Campus Center.** Progress comes from practice. Athletes must attend every practice. If an athlete will need to miss a practice for any reason, it is the athlete's responsibility to notify their NYO coaches.

Athletes that are participating in other sports with conflicting practice times, will be allowed to miss NYO practice and attend the practice of the other sport. The other sport's practice will count toward maintaining athletic conditioning. This must be arranged with NYO coaches.

### **Truancy**

Athletes that participate in and travel with the NYO team must have signed permission packets from their parent/guardian. During that time, athletes are in the care of the NYO coaches. Athletes are not to leave NYO practices or events without first obtaining parent/guardian permission. Permissions must be communicated by the parent to the NYO coaches in writing.

### **Gear**

Athletes must have gym attire that maintains safety and modesty. Gym-safe shoes will be required on the court. Events can be practiced without shoes on, however there will be some conditioning workouts that will require shoes to be worn. Athletes should have clothes that allow for movement in practice (jeans are not recommended and other restricting clothing are not recommended).

### **Cellphones**

Cellphones are not to be used during practice. They are allowed before and after practice, but athletes should remain attentive during practice.

### **Academics**

Athletes will be required to maintain a 1.0 GPA at minimum. Athletes who have below a 2.0 GPA may be required to participate in study halls to improve their grades. Athletes may also not be allowed to travel with the NYO team if their number of absences risks losing credit for a class. The NYO team encourages all athletes to be successful in all areas, including academics.

### **Substance Free**

The use of tobacco, drugs, and alcohol are all prohibited for all NYO athletes.



# COPPER RIVER NATIVE ASSOCIATION

## Disciplinary Action

We believe that relationships are more important than rules. We also expect that there are times when an athlete may have difficulties that cross from one area of their lives into others. It would be simpler to just create a "3 Strikes & You're Out" system, but our goal is to engage and build leaders. At all times, relationship and authentic conversations are held as primary goals. With this said, our programs are designed for growth, and growth comes through challenge, discipline, and personal investment.

As a reference, NYO Coaches adhere to the following behavioral standards for athletes:

- Minor disruptions to be dealt with through an authentic conversation with the athlete, fitting the nature of the situation.
- Moderate misbehavior is to be dealt with directly and by setting clear expectations for the athlete's behavior.
- Severe misbehavior will not be tolerated. Staff will dismiss athlete from activities/participation for a set amount of time.

The following are examples (not a complete list) of these behaviors:

- Minor disruption: Goofing off inappropriately, talking/interrupting while a leader or other is talking/leading, etc..
- Moderate misbehavior: Challenging/minimizing staff or group members, offensive/inappropriate communication, not following safety instructions or coach directives, pressuring others to misbehave, deceiving staff or group members, stealing, "personal displays of affection", etc.
- Severe misbehavior: Fighting, bullying others, drug/substance use or possession (including alcohol & marijuana), refusing a coach directive, offensive behavior (inappropriately touching another person, etc.), leaving the group without permission, endangering yourself or another, destruction of property, participation in any of these behaviors (by encouragement and/or action), etc.

Athletes are required adhere to the Code of Conduct, above, or they will be dismissed from the until they schedule and complete an authentic conversation with an NYO coach, which may include the coach's supervisor, who may also require the youth's parent(s) or guardian to participate. This authentic conversation will produce a written plan between the NYO coach(s) and the athlete to modify behavior that has continued after the verbal warning. It is written in collaboration with the youth and signed by all parties. The goal of a plan will be to provide the youth with clear instructions on how they can improve their behavior. If the plan has been breached by the athlete, dismissal from the program may be warranted.

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Athlete Signature

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Date

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Parent/Legal Guardian Signature

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Date



**COPPER RIVER**  
NATIVE ASSOCIATION

## 2020 NYO Registration & Waiver of Liability Form

**Participant Eligibility:** Students of all traditions may participate in the NYO Games; *they need not be of Native descent*. All athletes who wish to participate, must not have any failing grades. If a student has below a 2.0 GPA, they may still participate, but may also be required to participate in a study hall to improve their grades.

**Practices:** Practices will be held at the Murdock Campus Center on Tuesdays & Thursdays from 3:10-4:30 pm beginning February 6<sup>th</sup>, 2020. Students that are participating in other sports with conflicting practice times may be allowed to participate and have their other practices count toward maintaining athletic ability. Each athlete will need to arrange this with their NYO Coaches. Transportation can be provided.

### Athlete Information

<b>Student Name:</b>	<b>Gender:</b>	<b>Grade:</b>	<b>Birthdate:</b>
<b>Parent/Guardian:</b>	<b>Phone 1:</b>		<b>Phone 2:</b>
<b>Emergency Contact:</b>	<b>Phone 1:</b>		<b>Phone 2:</b>
<b>Physical Address:</b>	<b>Village:</b>		<b>Zip Code:</b>
<b>Athlete</b>	<b>Reg. Corp.</b>		
<b>Race:</b> Native? Y / N Non-Native? Y / N	<b>Status:</b> Shareholder? Y / N Descendent? Y / N		
<b>Regional Corporation(s):</b>	<b>Tribe/Village Enrolled:</b>		

### Parent/Guardian, please read and sign below.

- **Permission/Waiver of Liability:** I hereby give my child the permission to participate in NYO Games. I also affirm that I am familiar with the activity my child will participate in and understand the liabilities involved. I affirm and acknowledge that I accept complete liability for my child and furthermore that I waive any and all liabilities against Copper River Native Association's program arising from my child's involvement in and transport for the Native games activities. Coaches are all First-Aid Certified.
- **Transport Authorization:** I hereby give my child the permission to be transported by Copper River Native Association staff in company vehicles to and from NYO practices and competitions.
- **Media Release:** I hereby grant my permission for Copper River Native Association to use my child's photograph and/or personal experience in published form for promotion of its programs and/or facilities, without expectation of monetary compensation.

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Date



# COPPER RIVER NATIVE ASSOCIATION

## Release of Information (School Physical)

I, (Parent/Guardian) \_\_\_\_\_ on behalf of (Athlete) \_\_\_\_\_ (DoB) \_\_\_\_\_ authorize Copper River Native Association, Behavioral Health Department NYO Program to:

Release my information to \_\_\_\_\_ and/or  Receive my information from the following persons or agencies:

	Initial	Date
<input checked="" type="checkbox"/> (Please list medical provider) _____	_____	_____

The information is limited to the following:

School Physical \_\_\_\_\_ Year: \_\_\_\_\_

The information is to be used for the following purpose:

Eligibility of NYO Participation \_\_\_\_\_

This Authorization will expire on the earliest of the following:

- 1) The person named above revokes it verbally or in writing.
- 2) Thirty (30) days following date of discharge.
- 3) The following date or condition: Completion of 2020 NYO Season

I understand that this information is to be used only for the purpose stated above and cannot be released to any other party or person except by Order of Court of competent jurisdiction. Furthermore, I understand that I may revoke this authorization at any time for any reason.

Athlete Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/ Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Staff Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Notice to the recipient: If the information pertains to alcohol or drug abuse, the information has been disclosed to you from records protected by Federal Confidentiality Laws (42 CFR Part 2). The federal rules prohibit you from making any further disclosures unless expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse patient.

HIPPA Appendix J Behavioral Health Release of Information  
Revised: January 24<sup>th</sup>, 2020



# COPPER RIVER NATIVE ASSOCIATION

## Release of Information (Academic Grades & Attendance)

I, (Parent/Guardian) \_\_\_\_\_ on behalf of (Athlete) \_\_\_\_\_ (DoB) \_\_\_\_\_ authorize Copper River Native Association, BHS NYO Program to:

Release my information to \_\_\_\_\_ and/or  Receive my information from the following persons or agencies:

	Initial	Date
<input checked="" type="checkbox"/> <u>Copper River School District</u> _____	_____	_____

The information is limited to the following:

Academic Grades & Attendance \_\_\_\_\_

The information is to be used for the following purpose:

Eligibility of NYO Participation \_\_\_\_\_

This Authorization will expire on the earliest of the following:

- 1) The person named above revokes it verbally or in writing.
- 2) Thirty (30) days following date of discharge.
- 3) The following date or condition: Completion of 2020 NYO Season \_\_\_\_\_

I understand that this information is to be used only for the purpose stated above and cannot be released to any other party or person except by Order of Court of competent jurisdiction. Furthermore, I understand that I may revoke this authorization at any time for any reason.

Athlete Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/ Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Staff Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Notice to the recipient: If the information pertains to alcohol or drug abuse, the information has been disclosed to you from records protected by Federal Confidentiality Laws (42 CFR Part 2). The federal rules prohibit you from making any further disclosures unless expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse patient.

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