



EXPERIENCING SEVERE COVID & SIDE EFFECTS

WHEN TO SEEK MEDICAL ATTENTION

- Trouble Breathing
- Persistent Pain Or Pressure In Your Chest
- New Confusion
- Inability To Stay Awake Or Wake Up
- Pale, Gray, or Blue-Colored Skin

If you are experiencing long-term effects following a COVID-19 diagnosis you may be suffering from Long COVID. Symptoms can last from weeks to months, or even years.

Talk to your provider about managing your symptoms by making an appointment today.

+ *IF SOMEONE IS SHOWING ANY
OF THESE SIGNS, CALL 911.*



SCAN QR CODE
TO LEARN MORE
OR CALL **(907) 822-5241**