

September 2023 COPPER RIVER NATIVE ASSOCIATION- ELDER MEALS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4 CRNA CLOSED HOLIDAY	5 Salmon, Au Gratin Potatoes, Veggie, Soup	6 Goulash Veggie Salad	7 Chicken Fr Steak Mashed Pots, Veggie, Salad	8 BBQ Pulled Pork Sandwich Soup	9
10	11 Tator Tot Casserole, Veggie, Soup	12 Pork Chops, Scalloped Potatoes, Veggie, Salad	13 Baked Ham, Mac N Cheese, Veggie, Soup	14 Teriyaki Beef Rice, Broccoli, Salad	15 Club Sandwich Soup	16
17	18 Chicken Alfredo Veggie, Soup	19 Beef, Bean Cheese Burrito Salad	20 Polish Sausage Rice, Veggie Soup	21 Pot Roast Beef, Salad	22 Cold Roast Beef Sandwich Soup	23
24	25 Beef Stroganoff Veggie Soup	26 Chef Salad Soup	27 Breakfast Bagel Cottage Cheese	28 Salmon Patties Rice, Veggie, Salad	29 Grilled Chicken Sandwich Soup	30