

January 2023-CRNA Elder Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| HAPPY NEW YEAR CRNA CLOSED 1 | Broccoli Chicken Casserole Dinner Roll Carrot Salad 2 | Country Fried Steak Mashed Potatoes Corn Green Salad Pears 3 | Pork Loin Au Gratin Potatoes Green Beans Cauliflower Soup Berry Turnover 4 | Cheese Burger Cream of Mushroom Soup Chocolate Pudding 5 |
| Baked Chicken Rice Pilaf Peas and Carrots Broccoli Salad Pineapples 8 | Roast Beef Mashed Potatoes Asparagus Green Salad Peaches 9 | Pulled Pork Sandwich Coleslaw Fresh Veggies Tortellini Soup Cookie 10 | Kale Salad Salmon Chowder Rice Krispy Treat 11 | Tuna Sandwich Potato Soup Vanilla Pudding 12 |
| Martin Luther King Day CRNA Closed 15 | Mac and Cheese W/ Ham Dinner Roll Peas, Kale Soup Apple 16 | Soft Chicken Taco Refried Beans Spanish Rice Mexican Soup Chocolate Cake 17 | Spaghetti Brussels Sprouts Green Salad Orange 18 | Grilled Chicken Sandwich Cabbage Soup Apple Cobbler 19 |
| Chicken Cordon Bleu, Noodles Mixed Veggies Hamburger Soup Apple Sauce/Cin 22 | Teriyaki Beef Rice Broccoli Tomato Salad Mandarin Oranges 23 | English Muffin Sausage Egg Sandwich Hashbrown, Slice Tomatoes Cinnamon Roll 24 | Baked Salmon Scalloped Potatoes Zucchini Caesar Salad Butterscotch Pudding 25 | Ham, Swiss Croissant Sandwich Lentil Soup Honeydew Melon 26 |
| Beef & Gravy Over Rice 3 Bean Salad Cantaloupe 29 | BBQ Chicken Wings Potato Salad Corn on Cob Pork and Bean Soup Yogurt & Berries 30 | Beef Stroganoff Noodles Italian Blend Veggies Split Pea and Ham Soup Chocolate Cake 31 | | Menu is subject to change based on availability. |